

#### Welcome to the Tallinn Orienteering Week!

The Tallinn Orienteering Week is an event where you can get a fulfilling orienteering experience every day during the whole week. In six days, you can participate in three regular orienteering events and three competitions on great terrains. World Ranking points are given both on Wednesday and Friday and the O-Week is concluded by the 8th legendary 100 Control Points Competition.

#### Contents

Time, place and program	Error! Bookmark not defined.
Venues	Error! Bookmark not defined.
Entries	Error! Bookmark not defined.
O-Week Pass	Error! Bookmark not defined.
Information	Error! Bookmark not defined.
Organisers	Error! Bookmark not defined.
Information about the competitions	Error! Bookmark not defined.
Monday Juna 18	
Tuesday June 19	
Wednesday June 20	
Thursday June 21	Error! Bookmark not defined.
O-Week Final	
Punching system	Error! Bookmark not defined.
Embargoed areas	
Accomodation	
Catering	Error! Bookmark not defined.
Culture and Leisure program	Error! Bookmark not defined.
Tallinn O-Week Pub Rally	Error! Bookmark not defined.
Transportation	Error! Bookmark not defined.
Parking	
Visas	Error! Bookmark not defined.
Weather	Error! Bookmark not defined.
Dangers	Error! Bookmark not defined.
Training possibilities	
Supporters	Error! Bookmark not defined.
Tallinn O-Week 2013	

Monday Regular Q-event			
Monday June 18	17.00-19.30	Regular O-event Elongated sprint	Tallinn Botanic Garden
Tuesday June 19	17.00-19.30	Regular O-event	Keila-Joa
Wednesday June 20	19.00	Tallinn Championships in sprint (WRE) Estonian sprint cup event	Tallinn Old Town
Thursday June 21	17.00-19.30	Regular O-event	Kodasoo
Friday June 22	18.00	<b>O-Week Final 1<sup>st</sup> day</b> Middle distance <b>(WRE)</b>	Voose
Saturday June 23	11.00	<b>O-Week Final 2<sup>nd</sup> day</b> Long distance (100CP)	Voose

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### **A**Entries

Until May 30 / June 16 through <u>http://sk100.ee/reg/</u> The entry fee and rent of SI-card(s) are paid on registration: MTÜ Spordiklubi 100 IBAN: EE112200221047956653, BIC: HABAEE2X (Swedbank) Swedbank address: Liivalaia 8, 15040 Tallinn

# र्भें O-Week Pass

- Neck-card, which gives you the right to compete in all O-Week competitions.
- Pre-ordering until May 30.
- Pass prices:

Classes	Price
MW8-14	10 €
MW16-18	15€
MW21-55	32 €
MW60+	22 €

# ا المناقبة Thermation

Piibe Tammemäe piibe [at] sk100.ee (+372) 5817 3711

# **V** Organisers

Sports Club 100 http://sk100.ee/

Event Director Jaan Tarmak Secretary Piibe Tammemäe IOF Event Advisor for WRE competitions Tarmo Klaar

	Race director	Course setter	Map autors
Monday	Lauri Tammemäe	Lauri Tammemäe	M.Puusepp, T.Tammemäe
Tuesday	Kaido Nurja	Toomas Kreek	K.Nurja, J.Olvet, J.Tasa, T.Klaar
Wednesday	Juta Tarmak	Timmo Tammemäe	T.Tammemäe, J.Tarmak
Thursday	Rein Unt	Rein Unt	T.Raid, R.Unt
Friday	Grete Gutmann	Timmo Tammemäe	M.Puusepp, A.Käär
Saturday	Grete Gutmann	Tõnis Vaiksaar	M.Puusepp, A.Käär

# **1** Information about the competitions

### Monday June 18

Tallinn Botanic Garden

#### Terrain and map

The terrain consists of three parts:

1) The Tallinn Botanic Garden - low-cut grass, a lot of roads, sparse plant growth with a few hedges, ponds, a number of forbidden areas and some slopes up to 10m.

2) The Iru Bog – mostly dry peat bog, with irregularly located half-meter-deep peat quarries. Plants

significantly restrict visibility but not runnability. The area is surrounded by a gravel road, but inside there are no significant objects.

3) A hayfield located between the two areas mentioned above with a few boggy and dense areas of forest.



Sprint orienteering map with a scale of 1:4000, contour interval 2 m. Previous map (2010) - <u>http://www.orienteerumine.ee/kaart/db/kaart/2010001.jpg</u> .

#### Courses

The courses range from easy to difficult. Length 1.5 to 5.5 km.

#### **Event information**

- A regular orienteering event it is possible to start at a freely chosen time between 17:00 and 19:30.
- Entry fee 4.00 € is paid on the competition site. No pre-registration is required.
- MW18 and younger, MW60 and older 2.00 €.
- The 100th, 200th and 300th finisher will receive a familyt ticket to Skypark!

#### Driving instructions and parking

Parking is located at the Tallinn Botanic Garden main gate. Sign posts from Kloostrimetsa road.

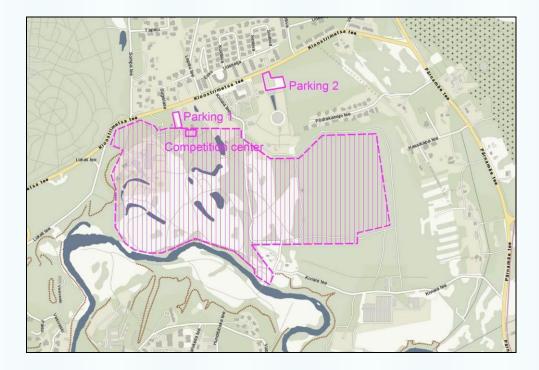
From the centre – drive towards Pirita and turn to Kloostrimetsa road from Pirita centre.

Buses nr 34A and 38 from the centre – bus stop at the competition centre is Kloostrimetsa.

Coordinates of the competition centre:

N: 59.4711 E: 24.88025

N: 6592933 E: 549895.4

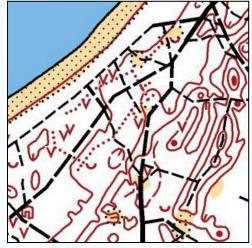


#### Tuesday June 19 Keila-Joa

#### **Terrain and map**

An orienteering map with a scale of 1:10000, contour interval 2.5m.

The terrain is characterised by the valley of Keila River, which merges with a system of sand dunes featuring a micro-relief area close to the sea. Remnants from a former military action - there are many small-sized holes in the area. Runnability is usually excellent or good but there are also some areas with thicker vegetation, especially near the river. There are many roads and paths and on the river meadows some smaller swampy areas.



Previous map (2007) http://www.orienteerumine.ee/kaart/db/kaart/2007012.gif .

#### Courses

The courses range from easy to difficult. Length 2 km to 7 km. An additional option of bike orienteering, length 5 to 22 km.

#### **Event information**

- A regular orienteering event it is possible to start at a freely chosen time between 17:00 and 19:30.
- Entry fee 3.50 € is paid on the competition site. No pre-registration is required.
- MW18 and younger, MW60 and older 1.50 €.
- Entry fee for MTBO courses 2.50/5.00 €.
- The 100th, 200th and 300th finisher will receive a familyt ticket to Skypark!

### Wednesday June 20

Tallinn Old Town WRE sprint Tallinn Championships in sprint Estonian Sprint Cup event

#### Terrain and map

A highly variable terrain of the streets of Tallinn Old Town and the parks surrounding it. Climb per slope up to 30 m.

The maps are printed using offset-method, the size of the map is A4, the scale 1:4000, contour interval 2.5 m.

Overview of the competition terrain -<u>http://360.tallinn.ee/</u>. Previous map (2008) -<u>http://www.orienteerumine.ee/kaart/db/kaart/2008</u> <u>041.gif</u>.



### **Event information**

- Individual start.
- World Ranking points are given in classes MW21
- Competition gives Estonian Orienteering Federation ranking points.
- 20 first from the Estonian ranking and 500 first from World Ranking will be drawed to the end of the start list in classes MW21A.
- Pre-start 2 minutes, the start interval is 1 minute.
- Distance to start 600m.
- All classes use number bibs. The number bibs will be at the start.
- Toilets are in start.
- Model map in prestart area.
- Three family tickets to Skypark will be drawn among all the competitors!

#### Awarding

Three best in all classes will be awarded.

#### **Classes and courses**

Winning time for all classes is 12 to 15 minutes. MW14 classes 8 to 10 minutes.

Class	Course	Class	Course
	length		length
W14	~2,0 km	M14	~2,5km
W18	~2,6 km	M18	~3,2 km
W21A	~2,9 km	M21A	~3,6 km
W21B	~2,0 km	M21B	~2,5 km
W35	~2,5 km	M35	~3,2 km
W40	~2,5 km	M40	~3,0km
W50	~2,0 km	M50	~2,6 km
		M60	~2,4 km

#### **Open course**

It is possible to start during one hour. The course is a free order course, control time is 1 hour.

#### **Entry fees**

Classes	Entry fee until June 16
MW14, 18	2.00 €
MW21A, 21B, 35, M40, M50	6.00 €
W50, M60	4.00 €

#### Driving instructions and parking

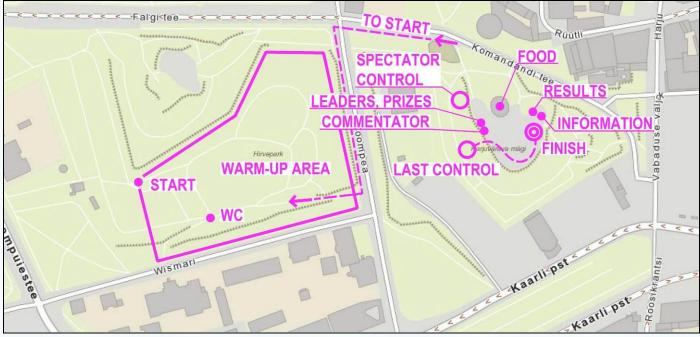
Parking in the Tallinn priced parking areas (see the parking area scheme at the end of the bulletin). Nearest parking areas are the underground and on ground parking in Vabaduse Square.

Coordinates of the competition centre:

N: 59,4340 E: 24,7415

N:6588700 E: 542075.6

#### Plan of the competition centre



### Thursday June 21

Kodasoo

#### Terrain and map

An orienteering map with a scale of 1:10000, contour interval 2.5m.

Most of the terrain is constituted by eskers of different sizes, with many little swamps and swamp strips in between. The terrain in the eskers is very detailed, while further away are a number of flat areas. The largest slope is 15 meters in height. Runnability is generally very good and good but there are also some areas with thicker vegetation, especially near the stream passing through the terrain.

The terrain boasts a dense network of roads with numerous fields surrounding the area.



Previous maps (1998) - http://www.orienteerumine.ee/kaart/db/kaart/0000.gif .

#### Courses

The courses range from easy to difficult. Length 2 km to 7 km.

#### **Event information**

- A regular orienteering event it is possible to start at a freely chosen time between 17:00 and 19:30.
- Entry fee 4.00 € is paid on the competition site. No pre-registration is required.
- MW18 and younger free of charge.
- MW60 and older 2.00 €.
- The 100th, 200th and 300th finisher will receive a family ticket to Skypark.

### **O-Week Final**

### Friday June 22 Voose

WRE middle O-Week Final 1st day

### Saturday June 23

Voose 100 CP Run O-Week Final 2nd day

#### Terrain

The spine of the terrain is formed by the west-east directional Voose-Matsimäe eskers, surrounded by flat swampy areas. The eskers are mostly moderately and strongly detailed, with many steep-sloped negative landforms.

Runnability is variable, from poor to good but mostly average with limited visibility. There are many small clearings. The network of roads and trails is sparse. The bogs are mostly dry.



#### **Previous maps**

(2003) - <u>http://www.orienteerumine.ee/kaart/db/kaart/9321.gif</u>;

(2010) - http://www.orienteerumine.ee/kaart/db/kaart/2010027.jpg

#### **Classes and courses**

- 1<sup>st</sup> day winning time in MW21A 30-35 min. In other classes up to 25 min. - Winning time of 2<sup>nd</sup> day is equal of the long distance.

ClassesLength on the $1^{st}$ dayNumber of controls on the $2^{nd}$ dayW8NR $\sim 1,2/2,0 \text{ km}$ 10W10NR $\sim 1,2/2,0 \text{ km}$ 10 $\sim 1,2/2,0 \text{ km}$ 10W12 $\sim 1,5 \text{ km}$ 20W14 $\sim 1,7 \text{ km}$ 25W16 $\sim 2,1 \text{ km}$ 35W18 $\sim 2,6 \text{ km}$ 45	m
the 2 <sup>nd</sup> day        W8NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W10NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W12      ~1,5 km      20      ~2,3 km        W14      ~1,7 km      25      ~2,7 km        W16      ~2,1 km      35      ~4,1 km	m
W8NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W10NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W12      ~1,5 km      20      ~2,3 km        W14      ~1,7 km      25      ~2,7 km        W16      ~2,1 km      35      ~4,1 km	
W10NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W12      ~1,5 km      20      ~2,3 km        W14      ~1,7 km      25      ~2,7 km        W16      ~2,1 km      35      ~4,1 km	
W10NR      ~1,2/2,0 km      10      ~1,4/2,3 k        W12      ~1,5 km      20      ~2,3 km        W14      ~1,7 km      25      ~2,7 km        W16      ~2,1 km      35      ~4,1 km	
W12~1,5 km20~2,3 kmW14~1,7 km25~2,7 kmW16~2,1 km35~4,1 km	
W14~1,7 km25~2,7 kmW16~2,1 km35~4,1 km	
W16 ~2,1 km 35 ~4,1 km	
W21A ~4,2 km 70 ~8,2 km	
W21A 70 70 70 70 70 W21A W21B ~3,2 km 45 ~5,5 km	
W21C ~2,1 km 35 ~3,5 km	
W21C      N2,1 km      SS      N3,5 km        W35      ~2,8 km      50      ~6,0 km	
W35      N2,8 km      36      N0,8 km        W40      ~2,8 km      45      ~5,5 km	
W40      N2,8 km      45      N3,5 km        W45      ~2,8 km      45      ~5,0 km	
W50 ~2,3 km 40 ~4,5 km	
W55 ~2,3 km 35 ~4,0 km	
W65      ~2,0 km      30      ~3,2 km        W70      ~1,9 km      30      ~3,2 km	
W/0 7.9 Km 50 7.5,2 Km	
M8NR ~1,2/2,0 km 10 ~1,4/2,3 k	m
M10NR ~1,2/2,0 km 10 ~1,4/2,3 k	
M12 ~1,6 km 20 ~2,3 km	
M14 ~2,0 km 25 ~3,2 km	
M16 ~3,0 km 45 ~5,5 km	
M18 ~4,0 km 60 ~7,0 km	
M21A ~5,4 km 100 ~13,0 km	
M21B ~4,0 km 65 ~7,5 km	
M21C ~3,0 km 40 ~4,6 km	
M35 ~4,0 km 80 ~9,5 km	
M40 ~4,0 km 75 ~8,5 km	
M45 ~3,5 km 70 ~8,0 km	
M50 ~3,5 km 60 ~6,8 km	
M55 ~3,1 km 50 ~6,0 km	
M60 ~3,1 km 45 ~5,0 km	
M65 ~2,7 km 40 ~4,6 km	
M70 ~2,7 km 35 ~4,1 km	



### Map on the 1<sup>st</sup> day – WRE middle

The maps are printed using offset-method, the size of the map is A4, the scale 1:10000, the contour interval 2.5 m.

#### Map on the 2<sup>nd</sup> day – 100 CP Run

<u>MW16 and older classes:</u>

The maps are in the sizes of A3 and A4. On one side there is a map in the scale of 1:10 000 and on the other side there is a contour map in the scale of 1:5000. The course is divided into three parts: the first and third parts are depicted on the regular map and the second part on the contour map.

- <u>Classes MW12 and MW14:</u> The course consists of one part, which is depicted on the regular map in the scale of 1:10 000. The map is in the size of A4.
- <u>Taped route (MW8-10NR)</u>: The course consists of one part, which is depicted on the regular map in the scale of 1:5000. The map is in the size of A4.

The maps are printed using offset-method, the contour interval 2.5 m.

#### **Event information**

- Individual start.
- All classes use number bibs. The number bibs will be at the start on the 1<sup>st</sup> day and at the event center on the 2<sup>nd</sup> day.
- Toilets and water are in start Kemmerling.
- Model map in prestart area in 1.day and World Ranking points are given in classes MW21.
- Both competition days gives Estonian Orienteering Federation ranking points.
- 20 first from the Estonian ranking and 500 first from World Ranking will be drawed to the end of the start list in classes MW21A.
- Pre-start 3 minutes
- 1<sup>st</sup> day, WRE middle distance, the start interval is 2 minutes. Control time 2 hours.
- 2<sup>nd</sup> day, 100 CP, the start interval is 3 minutes. Control time 5 hours. Forking will be used in classes M21A and W21A.
- Distance to start WRE-middle:
  - Start Skypark 400m
  - Start Kemmerling 1600m
  - Start Printcenter 2100m
- Distance to start 100 CP:
  - Start Skypark
  - Start Kemmerling 1500m
  - Start Printcenter
    2000m

It is allowed to instruct competitors of taped course in the start. However, instructors are not allowed on the course with children. Organisers in taped course start will also help competitors if necessary.

500m

On their way to the 100CP Run starts the competitors will go through a start gate where all the SI-cards and their numbers are registered. Also the SI-card(s) free space will be checked to ensure the competitor's SI-card has enough capacity to complete the race.

#### Awarding

The best in all classes will be awarded according to the number of participants in each class.

The times of the WRE-middle and 100 CP Run will be summed and overall best will be awarded. The best of the MW8, 10 and 12 classes will receive awards by Skypark. In addition, a lot of Skypark day passes will be drawn among these classes.

#### **Open course**

It is possible to start during the first hour of the competition. It is a free order course, control time on Friday is 1 hour, on Saturday is 2 hours.

#### Entry fees per day

Classes	Entry fee until May 30	Entry fee until June 16
MW8NR*, 10NR*, 12, 14	3.00 €	4.50 €
MW16, 18	6.00 €	7.50 €
MW21A	10.00 €	11.50 €
MW21BC, 35-55	9.00 €	10.50 €
MW60, MW65, MW70	7.00 €	8.50 €

\*NR – taped route

### **Child care**

Supervised child care is organized June 22-23 in the Voose competition centre. The children will be able to play with toys and on an inflatable Skypark trampoline. Child care will be opened one hour before start and will be closed with the finish.



#### Driving instructions and parking

From Tallinn. Drive on road nr 2 until Kose, turn to road nr 12 (38<sup>th</sup> km), drive 16 km until Alavere and turn right towards Jäneda to road nr 125.

From Piibe road turn towards Jäneda to road nr 125.

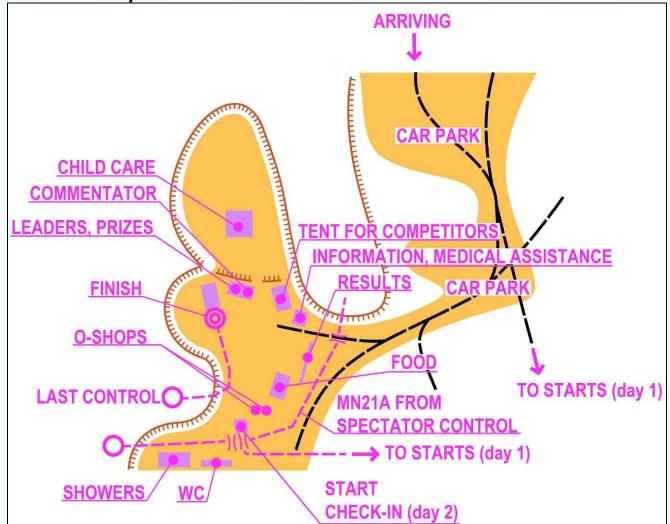
Sign posts to the competition centre will start in Vetla, at the 20<sup>th</sup> km on road. Distance from Tallinn to the competition centre is 65 kilometres.

Distance from parking to the competition centre is 150 to 400 meters. Coordinates of the competition centre:

N: 59.188 E: 25.432 N: 6561926 E: 581845.5



Plan of the competition centre



### Punching system

SportIdent (SI) is used on all events.

For competitions on Wednesday and Friday it is necessary to provide the number of your personal SI-card or request to rent one.

When placing an entry on the 100 CP Run, it is not necessary to register the number of your personal SI-card, only the request to rent a card or not. The amount of versions 6 and 9 rental SI-cards is limited.

The 100CP Run competitors are responsible for making sure that they have proper SI-cards during the whole competition. It is allowed to use up to four SI-cards. It is not allowed to use the same SI-card by more than one competitor.

If necessary, it is possible to rent SI-cards from organisers:

Version 6 – 3.00 €/card

Version 9 – 2.50 €/card

Version 5 – 2.00 €/card

The most popular types of SI-cards are:

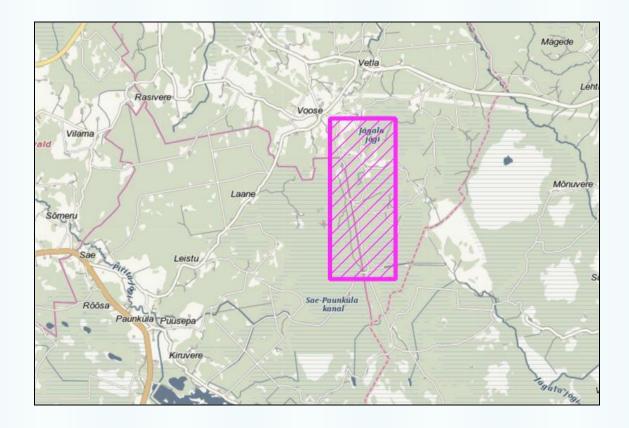
Version	SI-card number	Number of punches
5	until 499 999	30
6	500 000 - 999 999 and	192
	16 711 680 - 16 777 215	
8	2 000 000 - 2 999 999	30
9	1 000 000 - 1 999 999	50



### Embargoed areas

It is forbidden to use a map on WRE competition terrains (<u>Tallinn Old Town</u>, <u>Voose</u>) until and on the day of the competition. The embargoed areas are shown on the map:





# Accomodation

The purchasers of the O-Week Pass can book accommodation through the organizers. We kindly ask you to contact the secretary – Piibe Tammemäe (piibe [at] sk100.ee). As this time of the year is high season for the tourism industry, we recommend to inform the organisers of your wish as soon as possible.

Accommodation A: Meriton Hotels (Centre of Tallinn and the Old Town)

Prices per person 40 - 70 €/night.

Buffet breakfast, Wi-Fi internet connection, use of the water and sauna centre and the gym are included in the price.

(http://www.meritonhotels.com/)

Accommodation B: 16  $\in$  hostel (Centre of Tallinn, Rotermanni quarter) Prices per person 10 - 19  $\in$ /night. It is possible to order buffet breakfast (cost 6 $\in$  per person), there is also a small kitchen corner for public use (with a stove top, oven, refrigerator, water boiler, toaster and a microwave oven) (<u>http://www.16eur.ee/</u>)

Accommodation C: Kõrvemaa Hike and Ski Resort Prices per person 14 €/night. Breakfast is included in the price. (<u>http://www.korvemaa.ee/</u>)

<u>Accommodation D:</u> Accommodation on the floor in Tallinn and Alavere Between June 22 and 23 it is possible to stay in the Alavere schoolhouse (bring your own mattresses and sleeping bags, possibility to shower), for more information see

#### http://www.alavere.edu.ee.

The price depends on the number of people, in case you are interested; please contact the main secretary – Piibe Tammemäe (piibe [at] sk100.ee).

Floor accommodation in Tallinn – information will be updated, please contact the main secretary – Piibe Tammemäe (piibe [at] sk100.ee) for more information.

Accommodation E: Camping in tents at Voose competition centre for free.

#### Map of accommodations



# Catering

Breakfast is offered by the abovementioned accommodations. On Friday and Saturday it is possible to buy warm meals at the competition centre.

# Culture and Leisure program

#### Monday, June 18

10.00-18.30. Possibility to visit Tallinn TV Tower next to the Tallinn Botanic Garden. The contruction works that were finished in 2011 transformed the TV tower into a tourism-, culture- and leisurecentre. More information: <u>http://www.teletorn.ee/en</u>

#### Tuesday, June 19

Beautiful nature views near the area of the O-event in Keila-Joa: Türisalu, Vääna, Treppoja, Hüüru, Laulasmaa, Lohusalu.

#### Wednesday, June 20

In the morning/during the day:

 KGB (Committee for State Security from Soviet times) museum <u>http://www.turismiweb.ee/ee/company/HOTELL\_VIRU\_&\_KGB\_MUUSEUM/11446/</u> <u>http://en.wikipedia.org/wiki/KGB</u>

In the evening, after the sprint:

• PUB RALLY in Tallinn Old Town (see separate information on page 18)

#### Thursday, June 21

In the morning/during the day:

 10.30-17.30 Kiek in de Kök tower and Passages Under the Bastions <u>http://linnamuuseum.ee/kok/en/</u> Guided tours to the bastion tunnels should be booked in advance.

After the O-event:

- Jägala Falls <u>http://et.wikipedia.org/wiki/J%C3%A4gala\_juga</u>
- Kaberneeme OKO restaurant <u>http://www.okoresto.ee/?lang=et&selected=27</u>, we suggest reservations in advance.

#### Friday, June 22

- Tour in Tallinn Old Town with a guide (2,5h, 20 EUR) <u>http://travel2baltics.com/default.asp/ac/ekskurs/type/valmis/country/16</u>
- Or on your own: <u>http://www.tourism.tallinn.ee/eng/fpage/explore/attractions/old\_town</u>

If you are interested in attending to guided tours (KGB muuseum, Passages under Bastions, Old Town tour), please let us know by 31th of May and we arrange bookings.

#### **Music and Theatre**

Sunday, June 17 - <u>La Bohème</u> Opera (Estonian National Opera)

Information and tickets:

http://www.piletilevi.ee/est/piletid/teater/komoodia/?concert=104339

June 18-21 - Music through centuries – Hortus Musicus summe festival Information and tickets: http://www.piletilevi.ee/est/piletid/muusika/?concert=103607

If you are interested in attending the theatre or concerts, let us know by 31th of May and we will arrange tickets for you.

#### Recommended sights in Tallinn, choose visiting time yourself

- Walk in Kadriorg park and Palace <u>http://www.kadriorupark.ee/</u>
- Pirita beach <u>http://www.puhkaeestis.ee/et/pirita-rand</u>
- Kumu art Museum <a href="http://www.ekm.ee/eng/ekm.php">http://www.ekm.ee/eng/ekm.php</a>
- New! Seaplane Harbour <u>http://www.lennusadam.eu/en/</u>
- Estonian Open Air museum <u>http://www.evm.ee/keel/eng/</u>
- City Hall Square Handicraft market
- Walk in culture kilometer <u>http://www.likealocalguide.com/tallinn/culture-kilometer</u>
- Oleviste Church tower and other churches: <u>http://www.tourism.tallinn.ee/eng/fpage/tallinncard/sample/article\_id-11569</u>

#### For families and youth

- The trampoline centre Skypark offers fun for everyone. Skypark has a unique trampoline court you can't find anywhere else in Europe, a big and exciting play area for children, many interesting games, cafe with wireless internet option and a friendly atmosphere. <u>http://skypark.ee/eng/</u>
- Museum of Puppet Arts <u>http://www.nuku.ee/english/museum-of-puppet-arts/</u>
- Tallinn Zoo <a href="http://www.loomaaed.ee/index.php?nlan=eng&index=on&ndbase=1">http://www.loomaaed.ee/index.php?nlan=eng&index=on&ndbase=1</a>
- Ahhaa Science Centre <u>http://www.ahhaa.ee/en/ahhaa\_tallinn</u>
- The trampoline centre Skypark <u>http://www.skypark.ee/eng/</u>

#### SPA-s and Sport centers

- Meriton sport and aqua center <u>http://www.meritonsport.ee/index.php?lang=en</u>
- Kalev SPA Water park <u>http://www.kalevspa.ee/water\_park/</u>
- Viimsi Tervis SPA <u>http://www.viimsispa.ee/eng/</u>
- Laulasmaa Water center <u>http://www.laulasmaa.ee/en/spa/watercenter.html</u> (35km from Tallinn)
- Keila Heath center <a href="http://www.keilasport.ee/">http://www.keilasport.ee/</a> (30 km from Tallinn)
- Tabasalu sport center <u>http://www.tabasalusport.ee/index.php?id=ujula</u> (7 km from Tallinn)

#### See also - http://www.tourism.tallinn.ee/eng

#### ↔ ✓ ✓ ✓ O-Week Pub Rally

June 21, 2012 - Tallinn Old Town

#### **Competition information:**

20 pubs in Tallinn Old Town are marked on the map. The competition is with an open course, meaning that the competitors can choose the order of visiting the controls. It is a team competition where a team can be formed of one or more (size of teams is not limited) runners. The final result will be based on the number of pubs visited, but with equal numbers, the time in the last pub will be used as the final time. Control points are located in the pubs marked on the map. As tradition goes, one has to buy and consume a welcome drink in the pub to be able to punch in the pub. The honesty of the competition will be checked by other competitors and team mates ©.

Control points are situated in the pubs that are marked on the map, near the counter.

NB! In cooperation with the pubs, every pub will offer a discount on the "pub drink". To receive the discount, please show the PUB RALLY card.

#### **Time and location**

The pub rally will take place in Tallinn Old Town. There is no start and finish area, which means that the competitors can start the pub rally at a freely chosen time after the sprint competition (starting from 20.00). It is not important to go through a finish for the competition – results will be composed of the punches collected from the control points. It is important to note that pubs close between 2-5 AM.

#### **Punching system**

The team has to choose one of the two possible punching systems:

- 1) Mobile orienteering or Mob-O (<u>http://mobo.osport.ee/</u>)
- 2) SportIdent

#### Registration

Registration will take place in the competition centre on Wednesday. The punching system will be marked at registration and the teams will receive Pub Rally cards. Entry fee  $(5,00 \in)$  will be payed at team registration.

#### **Prize-giving**

The best will be remembered during the O-Week Final ©.

Special prize for the best story of the night! (Stories can be shared during the O-Week Final with the speaker).

# **Transportation**

The purchasers of the O-Week Pass can order transportation from the Centre of Tallinn to all competition venues from the organisers. Price 20  $\notin$ /week.

# 

Parking is free in all the competition centres, except for Tallinn Old Town where the Tallinn priced parking areas have to be followed.

Tallinn parking areas:



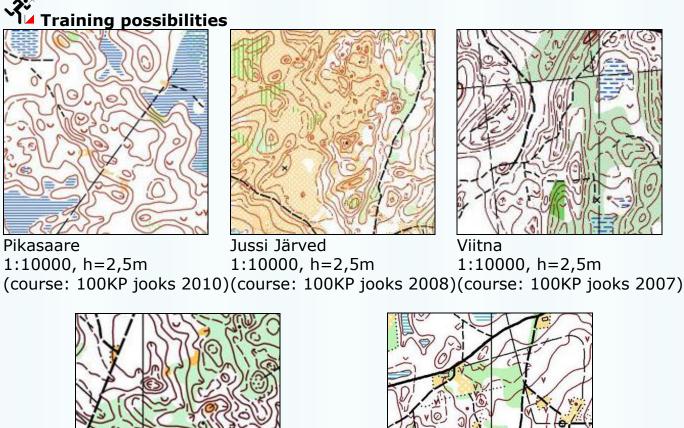
### **∛⊿** Visas

A list of countries, whose citizens need a visa to enter The Republic of Estonia, can be found on the web site of the Estonian Ministry of Foreign Affairs. <u>http://www.vm.ee/?q=en/node/53</u>

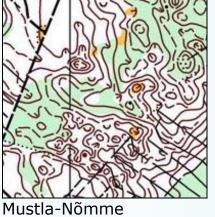
The average temperature in Estonia in June is 14,5 °C and generally the temperature is between 10 to 20 °C. The average rainfall in June is 61mm and the chance of rain is 30 %.

### Dangers

The competition in Tallinn Old Town takes place on city streets, which are partly open to traffic. Additionally there are a lot of tourists on the streets in June.



(course: 100KP jooks 2010)(course: 100KP jooks 2008)(course: 100KP jooks 2007)



1:10000, h=2,5m (course: 100KP jooks 2006)



Kõrvemaa 1:10000, h=2,5m (course: 100KP jooks 2011)

For training maps, please contact the secretary – Piibe Tammemäe (piibe [at] sk100.ee). The price per map is 3.00 €.





TALLINNA SPORDI- JA NOORSOOAMET



EESTI KULTUURKAPITAL

Tallinn O-Week 2013 June 17-23

#### Time, place and program

Monday	Indoors/Outdoors-O	Tallinn University of	
June 17	elongated sprint	Technology	
Tuesday June 18	Regular O-event	Jõelähtme	
Wednesday	Tallinn Old Town City Race	Tallinn Old Town	
June 19	Middle distance		
Thursday	Regular O-event	Lohusalu	
June 20	Regular o event	Londourd	
Friday	Tallinn Championships in		
June 21	Sprint (WRE*)	Tallinn-Väike	
Julie 21	Estonian Sprint Cup competition		
Saturday	O-Week Final (WRE*)	Deukiäm	
June 22	middle distance	Paukjärv	
Sunday	O-Week Final (100CP)	Daukiäny	
June 23	Long distance	Paukjärv	

\* according to approval of application

#### **Competition venues**











Don't miss out on the greatest O-experience of the year!!!